

# Ninth-Grade Counseling Calendar

Welcome to your freshman year at SJND. This will be an exciting and challenging year. Your academic courses, sports, and activities will require a lot of your time. It is important to balance all of this with friends and family. Please use this Freshman Counseling Calendar to help you manage your time and to be aware of activities that will help you be successful in your high school career.

## September

- Your counselor will meet with you individually. We want to get to know you and find out how we can help you settle into high school.
- Take time to learn about the clubs and sports opportunities SJND has to offer
- Encourage your parents to attend Back to School Night on Sept. 3, 7 p.m.-9 p.m. They will have an opportunity to go through your class schedule, meet your teachers, and find out the requirements for each of your classes.
- Peer tutoring is available. See Ms. Micheli in Room 5 to make arrangements.

## October

- Test Day is Oct. 15. Freshmen will take the EXPLORE. This test is a pre-ACT assessment and also includes a career inventory.
- Quarter exams are Oct. 14-16. Ask teachers for extra help in preparation for the exams.
- Report Card Night is Wednesday, October 29. Encourage your parents to attend and pick up your report card. They will also have an opportunity to meet briefly with each of your teachers.

## November

- Begin preparation for your first semester final exams. Your teachers will be working with you on review and study skills.

## December

- Semester exams are Dec. 15-18.
- Talk to friends who are home from college for the holidays and ask them how they like their college experience. Also ask them what skills they learned in high school have helped them become successful in college.
- Do some of your service hours over Winter Break. Remember to relax!

## **Ninth-Grade Counseling Calendar (cont.)**

### **January**

- Counselors will conduct classroom presentations, interpreting the EXPLORE results.

### **February**

- Counselors will begin scheduling freshmen to select sophomore courses. They will also discuss educational goals and check your progress towards college entrance and high school graduation requirements.

### **March**

- Quarter exams are March 2-4.
- Report Card Night is March 19

### **April**

- Talk to your counselor about summer enrichment options.

### **May**

- Plan a productive, fun summer. Complete summer school applications, and check job board for summer jobs, internships, college summer programs, etc.
- Semester exams are May 26-28.

### **June**

- Look into service opportunities and educational enrichment for the summer. Relax and have a great summer.