

**SAINT JOSEPH NOTRE DAME HIGH SCHOOL
ATHLETIC DEPARTMENT
OFF-CAMPUS RUNNING RULES AND REGULATIONS
PARENT PERMISSION SLIP**

1. WE WILL RUN ON SIDEWALKS WHEN THEY ARE AVAILABLE.
2. WE WILL OBEY ALL CROSS WALKS, TRAFFIC SIGNS, STOP LIGHTS, WALK SIGNALS, ETC.
3. WE RUN ON THE SIDE OF THE ROAD FACING TRAFFIC.
4. WE RUN SINGLE FILE, ESPECIALLY IF THE ROAD NARROWS OR IF THERE IS A TURN IN THE ROAD.
5. WE WILL NOT RUN ON PRIVATE LAWNS OR THROUGH NEIGHBOR'S SHRUBBERY. WE WILL RESPECT THE PRIVACY OF OTHERS AS WELL AS THEIR PRIVATE PROPERTY.
6. THERE WILL BE NO HORSING AROUND WHILE WE ARE RUNNING.
7. WE UNDERSTAND THAT WE, AS PEDESTRIANS, ARE REQUIRED TO OBEY THE RULES OF THE ROAD FOR PEDESTRIAN SAFETY, AS DOCUMENTED BY THE STATE OF CALIFORNIA IN THEIR HANDBOOK, "RULES OF THE ROAD".

PARENT/GUARDIAN SIGNATURE

DATE

PARENT/GUARDIAN SIGNATURE

DATE

STUDENT ATHLETE SIGNATURE

DATE